TEXAS SOCIETY OF SLEEP PROFESSIONALS

2026 Annual Conference

September 11-12, 2026

Hilton Embassy Suites, Round Rock

Preliminary Agenda

A HUGE THANK YOU TO OUR DIAMOND SPONSORS:

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WHO WE ARE

We are the TSSP, the Texas Society of Sleep Professionals. The mission of the Texas Society of Sleep Professionals (TSSP) is to further the understanding of sleep and sleep disorders, to provide a forum for communication and education of sleep professionals, and to promulgate the highest standards for polysomnography and the clinical diagnosis and treatment of sleep disorders, for the people of Texas.

As part of this mission, we've held an annual conference since its inception in 2007. During the Covid shutdown of 2020, the TSSP suffered just as any organization. We could not hold in person conferences during that time. Our first in-person conference since then was last year in 2023. We enjoyed a strong turnout for that conference, thanks to the attendees, the leadership, and the sponsorship of generous support of our vendor partners. This year, once again, we have some amazing speakers to educate us on the latest in the industry. So, if you haven't joined us before, welcome! And if you've joined us in the past, welcome back!

Warm regards,

Jerry

Dr Gerald George Mannikarote
President, Texas Society of Sleep Professionals

MEET YOUR BOARD

Please stop by and say hello!

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Event Coordinator:
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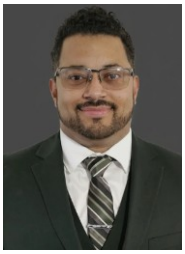

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AN ANNUAL TRADITION

We thank you for joining us this year. We have been holding this conference since its inception in the early 2000s. We appreciate the continued attendance. Because of your support, we can continue to make this happen. This is a great opportunity to learn, connect, and recharge.

ATTENDEES

Attendees can expect a wide variety of topics from experts in the field of sleep medicine. We have a variety of speakers from billers, dentists, physicians, and sleep technologists. We are proud to announce that we also have an AASM specialist as well as groundbreaking physician inventor. This year we are approved for 11 AAST and AARC CECs.

AGENDA

This year, we go beyond the standard topics discussed at most sleep conferences. This new variety of topics, we believe, will help bring in more attendees. The speakers and topics are as follows:

Day 1	**Friday, September 11, 2026**	
Time	**Topic**	**Speaker**
7:00 AM	**Registration**	
8:00 AM	Up All Night, Still Rested: Optimizing Sleep for PSG Technologists	Sara Nowakowski, PhD
9:00 AM	Hypoglossal Nerve Stimulation	Toni Spears, RPSGT
10:00 AM	**BREAK**	
10:15 AM	Sleep in Psych Patients	Myrtle Jeroudi, MD
11:15 AM	Mechanism of Action and How Stimulation is Influencing the Sensorimotor Pathway Implicated in RLS	Andrew Spector, MD
12:15 PM	**TSSP Business Meeting**	• Jeff Tangman Scholarship • Sponsor recognition • Financial review
12:30 PM	**Lunch**	
1:30 PM	The Future of the Sleep Center	Robert Miller, RPSGT
2:30 PM	KPAP Updates	Gabe Tallent, MD
3:15 PM	**BREAK**	
3:30 PM	Lights, Sound, and Sleep?	Colton Wiggins, MS RPSGT
5:00 PM	**DIAMOND SPONSOR Happy Hour**	

Day 2	**Saturday, September 12, 2026**	
Time	**Topic**	**Speaker**
7:00 AM	**Breakfast and Registration**	
8:00 AM	AD 109 and the Evolution of OSA Management	James Patrick Pharm D
9:00 AM	HSAT Delivery Models and Expanding HSAT and Lab Usage	Massey Arrington
10:00 AM	**BREAK**	
10:15 AM	Barriers in the Sleep Patient Journey: A Patient Perspective?	Sarah Wahab, RPSGT
11:15 AM	Symposium: Updates in Sleep Medicine; The Past, the Present, and the Future	SleepTech Talk
12:15 PM	**Conference ends:** **Collect CECs**	

LOCATION

The TSSP is pleased to announce that this year we are hosting the event at Embassy Suites by Hilton Round Rock, TX. We chose this facility with the attendees in mind. This is a reputed conference center, with hotels, and food and entertainment all within a short distance or just a short drive. This will be a fun place for those attendees that want something to do after a day of lectures or extend their stay for the weekend with their families. And Austin is just a very short drive away.

THANK YOU FOR ATTENDING THE 2025 TSSP SLEEP CONFERENCE

Once again, if you have attended before, welcome back. If you are new to the conference, welcome. We hope you enjoyed the conference and we'll see you again next year.

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THANK YOU TO OUR SPONSORS

Our sponsors make this happen for all of us and we appreciate them to no end. Please be sure to visit their booths.

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